SUNDAY

- 7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS)
- **9:00AM Asbury Park** *Therapeutic Value Group*, Lumley Homes, entrance in back, 1025 2nd Avenue **(O,NS,Ta,Gr)**
- 9:30AM Oakhurst Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue (O,D,RR,Tp,WC,NS,HY)
- 10:00AM Matawan Sunday Morning Meditation, St. Clements House Of Hope, 180 Freneau Avenue (C,JFT,RR,WC,NS,SPAD)
- 10:00AM Bayville We Do Recover, Bright Harbor, entrance in rear, 160 US Route 9 (O,B,WC,NS,St1-3)
- 10:30AM Freehold Wellness Group, New Attitudes Clubhouse, 45 Throckmorton Street (O,D,P,S,St,WC,NS)
- **7:00PM Barnegat** *Let's Get Serious,* St. Mary's Church, 747 West Bay Ave. **(O,Bk,D,WC,NS)**
- **7:00PM Long Branch** *Neversink Group*, Long Branch Elks Club, 150 Garfield Avenue **(O,D,S,WC,NS)**
- **7:00PM Beachwood** *Serenity on Sunday,* St. Paul's Lutheran Church, corner Rts. 9 & 166, 130 Cable Ave. **(O,P,WC,NS)**
- **7:00PM Union Beach** Stepping Into Recovery, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(C,Bk,JFT,St,Td,WC,NS)**
- 7:30PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road (O,WC,NS,V) In brick building
- **7:30PM Point Pleasant** Recovery by the Sea, Church of Saint Martha, btwn. Rt. 70 & 88, side entrance, 3800 Herbertsville Rd. **(0,5,NS,Gr)**

MONDAY

- 7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS)
- **NOON Toms River** *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*
- **6:30PM Asbury Park** *Monday Night Madness*, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

MONDAY (CONT)

- 6:30PM Toms River Recovery by the Book, Christ Episcopal Church, Room 3, downstairs, 415 Washington St. (C,D,NC,Ro,WC,NS,L) 7:00PM Toms River Monday Night Fire, First United Methodist Church, 129 Chestnut Street
- (C,Ro,WC,NS)
 7:00PM West Long Branch Recovery is the Solution, Lutheran Church of the Reformation, Broadway & Locust Ave. (C,D,Tp,WC,NS)
- **7:00PM Toms River** *Wonder Women,* House of Hope Bldg, rear entrance, Lower level, 253 Chestnut Street (C,Bk,D,Ro,W,WC,NS)
- 7:30PM Freehold Hope in Freehold, First Presbyterian Church of Freehold, 118 West Main Street (O,WC,NS,V)
- **7:30PM Union Beach** We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(O,D,NS,L)**
- 8:00PM Matawan Living Clean Just For Today, St. Clements House of Hope, 180 Freneau Avenue (O,JFT,S,WC,NS,Lc)
- 8:00PM Toms River Men In Recovery, The Expert Touch, 1021 Rt 37 W (C,D,M,St,NS)
- 8:00PM Forked River Recovery Is Possible, United Methodist Church, 203 Lacey Road (C,D,S,St,Tp,NS)

TUESDAY

- 7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS)
- **N00N Toms River** *Majoring In Recovery*, Ocean County College, Continuing Learning Center, Building 4, Room 113, 1 College Drive (O,WC,NS,L,HY)
- **NOON Toms River** Recovery at High Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office
- **6:30PM Brick** *S.Y.A.*, Saint Thomas Lutheran Church, 135 Salmon St. **(C,Bk,NS)**
- **7:00PM Manasquan** Blessings by the Sea, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**
- **7:00PM Beachwood** *Why We Stay*, St. Paul's Lutheran Church, 130 Cable Avenue **(C,D,Tp,WC,NS,Lc)** *Children welcome*
- **7:15PM Manalapan** Recovery in Manalapan, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)**
- **7:30PM Point Pleasant** *12 Steps & Beyond*, Point Pleasant Presbyterian Church, Education Annex, 700 Foreman Ave. **(C,D,S,St,Tp,NS)**

TUESDAY (CONT)

- 7:30PM Jackson Help Somebody Group, Debows United Methodist Church, 509 Monmouth Road (C,WC,NS,L)
- **7:30PM Lanoka Harbor** *Never Alone, Never Again*, Village Lutheran Church, 701 Western Blvd. **(C,D,JFT,NS)**
- 7:30PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue (O,SWG,St,Td,WC,NS)
- 7:30PM Keyport Twelve Steps to Freedom, Calvary Methodist Church, 3rd and Osborn Streets (C,Cn,D,St,WC,NS)
- 7:30PM Asbury Park Twelve Steps to Freedom, Trinity Church, 503 Asbury Avenue (O,Bk,D,S,St,WC,NS)
- **8:30PM Toms River** *Get To Steppin*', First United Methodist Church of Toms River, 129 Chestnut Street **(O,D,SWG,NS)**

WEDNESDAY

- 7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,Tp,WC,NS,Lc)
- **NOON Toms River** Recovery at High Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office
- **6:30PM Lakehurst** *Cover to Recover*, Presbyterian Church, 212 Pine Street **(C,Bk,D,WC,NS)**
- **7:00PM Asbury Park** *Against All Odds*, The Center House, at Memorial Dr., 806 3rd Ave. **(O,D,S,St,NS)**
- **7:00PM Manahawkin** *It's A Great Way To Start Living*, St. Mary of the Pines Parish Ctr., Room 11, 100 Bishop Lane **(0,B,Cn,St,WC,NS)**
- 7:00PM Toms River Share the Hope, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS) Under gazebo, bring chair 7:00PM Red Bank Women Kicking It, First Baptist Church of Red Bank, 84 Maple Ave. (O,W,NS,V)
- **7:30PM Howell** *Home in Howell,* Prince of Peace Lutheran Church, 434 Aldrich Road **(O,S,St,Tp,NS,Gr,SPAD)**
- **7:30PM Matawan** *The Steps and Traditions Work*, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. **(C,D,S,St,Td,NS)**
- 7:30PM Eatontown We Had to Hear It Group, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) (C,D,S,Tp,NS) 8:00PM Asbury Park It Gets Better, Q Spot, 1601 Asbury Ave. (O,G,JFT,St,NS) LGBTQ

WEDNESDAY (CONT)

8:00PM Forked River It Works How & Why, Lacey United Methodist Church, 203 Lacey Road (O,D,H&W,NS)

THURSDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS)

NOON Toms River Recovery at High Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

12:15PM Long Branch Bring A Friend, Church Hall of St. James Church, park and enter in back, 300 Broadway (O,D,JFT,Tp,WC,NS)

6:30PM Brick Township *Speakin* On The Steps, Brick Presbyterian Church, 111 Drumpoint Road **(O,D,S,St,NS)**

7:00PM Belmar Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue (C,D,S,St,NS,HY)

7:00PM Freehold Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. (O,D,S,W,WC,NS)

- **7:30PM Matawan** *Cut To The Chase*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(O,Ro,WC,NS)**
- 7:30PM Seaside Heights New Heights, Our Lady Of Perpetual Help Church, 100 Grant Avenue (O,S,St,WC,NS)
- **7:30PM Manahawakin** *Recovery Road*, Ocean Community Church, 1492 Rt 72 West (C,D,S,NS)
- **8:00PM Toms River** *Principles Before Personalities,* Pinelands Reformed Church, near Mule Rd., 898 Rt. 37 W.

(O,D,S,Td,WC,NS,Lc)

8:00PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave. (O,Ro,NS)

FRIDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River Recovery at High Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. (O,D,JFT,NS) use main entrance near office

6:00PM Asbury Park We Do Recover, The Center House, 806 3rd Avenue **(C,D,S,WC,NS)**

FRIDAY (CONT)

6:30PM Toms River *Prayer and Meditation,* The Log Cabin, 8th Ave. & Morningside St. **(C,H&W,WC,NS,Md)**

7:00PM Point Pleasant Clean Livin', Good Shepherd Lutheran Church, 708 Route 88 (O,D,Ro,S,St,Td,NS,Lc)

7:15PM Jackson *Stop the Insanity*, Jackson United Methodist Church, 68 Bennetts Mills Road **(O,WC,NS,V)**

7:15PM Matawan Women Seeking Recovery, St. Clements House Of Hope, 180 Freneau Avenue (C,W,WC,NS,V)

7:30PM Bayville At The End of The Road, Saint Barnabas Church, 33 Woodland Road **(O,D,RR,Tp,WC,NS)**

8:00PM Red Bank Blessings of Recovery, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. (C,B,S,NS) basement entrance

8:00PM Oakhurst Friday Night Hope, Ocean Township Rec Center, 615 West Park Ave. (O,Cn,Ro,RR,WC,NS)

8:00PM Matawan Men About Recovery, Trinity Episcopal Church, off Route 79, 18 Ryers Lane (C,D,JFT,M,St,WC,NS)

8:00PM Englishtown Never Too Late, First Presbyterian Church of Englishtown, 50 N. Main Street (O,JFT,S,WC,NS)

8:00PM Lavallette The Journey Continues, Faith Lutheran Church, 1801 Grand Central Ave. (Route 35N) (C,D,WC,NS,Lc)

SATURDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street (O,JFT,Tp,WC,NS)

11:00AM Matawan Miracles in Matawan, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (C,D,Ro,St,Tp,WC,NS)

11:00AM Asbury Park One Primary Purpose, The Center House, at Memorial Drive, 806 3rd Avenue (O,D,NS)

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Asbury Park *Live Better Group*, Em-Power Me, 1012 B Springwood Ave **(O,Ro,S,WC,NS,V)**

7:00PM Manalapan Surrender To Change, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road (O,NS,V)

SATURDAY (CONT)

7:30PM Toms River Get Another Day, Christ Episcopal Church, 415 Washington Street (O,Bk,D,WC,NS)

7:30PM Tuckerton Our Gratitude Speaks, Church of the Holy Spirit, 220 E. Main Street (O,D,S,WC,NS)

7:30PM Middletown (Belford) Sanity through Spirituality Group, St. Mary's Church, basement, 26 Leonardville Road (O,Ro,S,WC,NS)

11:00PM Keansburg Kleansburg Group, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way (O,D,S,WC,NS)

М	Men	St	Step
0	Open (anyone welcome)	В	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	С	Closed (addicts only)
G	Gay/Lesbian	Р	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Тр	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
H&W	It Works How and Why	NC	No Children
Ta	Tag	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Gr	Grab Bag
HY	Hybrid Meeting	SPAD	Spiritual Principle A Day
St1-3	Steps 1, 2 and 3		

VIRTUAL MEETINGS



https://online.nanj.org

What is our message?				
3				

PHONE NUMBERS

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



Combined Area Meeting list for:

Central Jersey Area Ocean Area

MARCH 2025

24 HOUR HELPLINE 732-933-0462

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You
Used With/At
Come Early and Stay Late
Don't Use and Go to meetings
Get and Use a Sponsor
Get a Home Group
90 Meetings in 90 Days
Use the Phone
Get involved in Service

KEEP COMING BACK. IT WORKS