

SUNDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

9:00AM Asbury Park Therapeutic Value Group, Lumley Homes, entrance in back, 1025 2nd Avenue **(O,NS,Ta,Gr)**

9:30AM Oakhurst Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue **(O,D,RR,Tp,WC,NS,HY)**

10:00AM Matawan Sunday Morning Meditation, St. Clements House Of Hope, 180 Freneau Avenue **(C,JFT,RR,WC,NS,SPAD)**

10:00AM Bayville We Do Recover, Bright Harbor, entrance in rear, 160 US Route 9 **(O,B,WC,NS,St1-3,HY)**

10:30AM Freehold Wellness Group, New Attitudes Clubhouse, 45 Throckmorton Street **(O,D,P,S,St,WC,NS)**

7:00PM Barnegat Let's Get Serious, St. Mary's Church, 747 West Bay Ave. **(O,Bk,D,WC,NS)**

7:00PM Long Branch Neversink Group, Long Branch Elks Club, 150 Garfield Avenue **(O,D,S,WC,NS)**

7:00PM Beachwood Serenity on Sunday, St. Paul's Lutheran Church, corner Rts. 9 & 166, 130 Cable Ave. **(O,P,WC,NS)**

7:00PM Union Beach Stepping Into Recovery, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(C,Bk,JFT,St,Td,WC,NS)**

7:30PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road **(O,WC,NS,V)** *In brick building*

7:30PM Point Pleasant Recovery by the Sea, Church of Saint Martha, btwn. Rt. 70 & 88, side entrance, 3800 Herbertsville Rd. **(O,S,NS,Gr)**

MONDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River Recovery At Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Asbury Park Monday Night Madness, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

MONDAY (CONT)

6:30PM Toms River Recovery by the Book, Christ Episcopal Church, Room 3, downstairs, 415 Washington St. **(C,D,NC,Ro,WC,NS,L)**

7:00PM Toms River Monday Night Fire, First United Methodist Church, 129 Chestnut Street **(C,Ro,WC,NS)**

7:00PM West Long Branch Recovery is the Solution, Lutheran Church of the Reformation, Broadway & Locust Ave. **(C,D,Tp,WC,NS)**

7:00PM Toms River Wonder Women, House of Hope Bldg, rear entrance, Lower level, 253 Chestnut Street **(C,Bk,D,Ro,W,WC,NS,HY)**

7:30PM Freehold Hope in Freehold, First Presbyterian Church of Freehold, 118 West Main Street **(O,WC,NS,V)**

7:30PM Union Beach We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(O,D,NS,L)**

8:00PM Matawan Living Clean Just For Today, St. Clements House of Hope, 180 Freneau Avenue **(O,JFT,S,WC,NS,Lc)**

8:00PM Toms River Men In Recovery, The Expert Touch, 1021 Rt 37 W **(C,D,M,St,NS)**

8:00PM Forked River Recovery Is Possible, United Methodist Church, 203 Lacey Road **(C,D,S,St,Tp,NS)**

TUESDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River Majoring In Recovery, Ocean County College, Continuing Learning Center, Building 4, Room 113, 1 College Drive **(O,WC,NS,L)** *Hybrid meeting*

NOON Toms River Recovery At Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Brick S.Y.A., Saint Thomas Lutheran Church, 135 Salmon St. **(C,Bk,NS)**

7:00PM Manasquan Blessings by the Sea, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**

7:00PM Beachwood Why We Stay, St. Paul's Lutheran Church, 130 Cable Avenue **(C,D,Tp,WC,NS,Lc)** *Children welcome*

7:15PM Manalapan Recovery in Manalapan, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)**

7:30PM Point Pleasant 12 Steps & Beyond, Point Pleasant Presbyterian Church, Education Annex, 700 Foreman Ave. **(C,D,S,St,Tp,NS)**

TUESDAY (CONT)

7:30PM Jackson Help Somebody Group, Debows United Methodist Church, 509 Monmouth Road **(C,WC,NS,L)**

7:30PM Lanoka Harbor Never Alone, Never Again, Village Lutheran Church, 701 Western Blvd. **(C,D,JFT,NS)**

7:30PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue **(O,SWG,St,Td,WC,NS)**

7:30PM Keyport Twelve Steps to Freedom, Calvary Methodist Church, 3rd and Osborn Streets **(C,Cn,D,St,WC,NS)**

7:30PM Asbury Park Twelve Steps to Freedom, Trinity Church, 503 Asbury Avenue **(O,Bk,D,S,St,WC,NS)**

8:30PM Toms River Get To Steppin', First United Methodist Church of Toms River, 129 Chestnut Street **(O,D,SWG,NS)**

WEDNESDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,Tp,WC,NS,Lc)**

NOON Toms River Recovery At Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Lakehurst Cover to Recover, Presbyterian Church, 212 Pine Street **(C,Bk,D,WC,NS)**

7:00PM Asbury Park Against All Odds, The Center House, at Memorial Dr., 806 3rd Ave. **(O,D,S,St,NS)**

7:00PM Manahawkin It's A Great Way To Start Living, St. Mary of the Pines Parish Ctr., Room 11, 100 Bishop Lane **(O,B,Cn,St,WC,NS)**

7:00PM Toms River Share the Hope, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)** *Under gazebo, bring chair*

7:00PM Red Bank Women Kicking It, First Baptist Church of Red Bank, 84 Maple Ave. **(O,W,NS,V)**

7:30PM Howell Home in Howell, Prince of Peace Lutheran Church, 434 Aldrich Road **(O,S,St,Tp,NS,Gr,SPAD)**

7:30PM Matawan The Steps and Traditions Work, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. **(C,D,S,St,Td,NS)**

7:30PM Eatontown We Had to Hear It Group, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) **(C,D,S,Tp,NS)**

8:00PM Asbury Park It Gets Better, Q Spot, 1601 Asbury Ave. **(O,G,JFT,St,NS)** *LGBTQ*

WEDNESDAY (CONT)

8:00PM Forked River It Works How & Why, Lacey United Methodist Church, 203 Lacey Road **(O,D,H&W,NS)**

THURSDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River Recovery At Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

12:15PM Long Branch Bring A Friend, Church Hall of St. James Church, park and enter in back, 300 Broadway **(O,D,JFT,Tp,WC,NS)**

6:30PM Long Branch Road to Freedom, Masonic Lodge, off Liberty St., 136 CP Williams Place **(C,D,S,WC,NS)**

6:30PM Brick Township Speakin' On The Steps, Brick Presbyterian Church, 111 Drumpoint Road **(O,D,S,St,NS)**

7:00PM Belmar Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue **(C,D,S,St,NS,HY)**

7:00PM Freehold Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. **(O,D,S,W,WC,NS)**

7:30PM Matawan Cut To The Chase, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(O,Ro,WC,NS)**

7:30PM Seaside Heights New Heights, Our Lady Of Perpetual Help Church, 100 Grant Avenue **(O,S,St,WC,NS)**

8:00PM Toms River Principles Before Personalities, Pinelands Reformed Church, near Mule Rd., 898 Rt. 37 W. **(O,D,S,Td,WC,NS,Lc)**

8:00PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave. **(O,Ro,NS)**

FRIDAY

7:00AM Toms River Morning Miracles, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River Recovery At Noon, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:00PM Asbury Park We Do Recover, The Center House, 806 3rd Avenue **(C,D,S,WC,NS)**

FRIDAY (CONT)

6:30PM Toms River *Prayer and Meditation*, The Log Cabin, 8th Ave. & Morningside St. **(C,H&W,WC,NS,Md)**

7:00PM Point Pleasant *Clean Livin'*, Good Shepherd Lutheran Church, 708 Route 88 **(O,D,Ro,S,St,Td,NS,Lc)**

7:15PM Jackson *Stop the Insanity*, Jackson United Methodist Church, 68 Bennetts Mills Road **(O,WC,NS,V)**

7:15PM Matawan *Women Seeking Recovery*, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

7:30PM Bayville *At The End of The Road*, Saint Barnabas Church, 33 Woodland Road **(O,D,RR,Tp,WC,NS)**

8:00PM Red Bank *Blessings of Recovery*, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. **(C,B,S,NS)** *basement entrance*

8:00PM Oakhurst *Friday Night Hope*, Ocean Township Rec Center, 615 West Park Ave. **(O,Cn,Ro,RR,WC,NS)**

8:00PM Matawan *Men About Recovery*, Trinity Episcopal Church, off Route 79, 18 Ryers Lane **(C,D,JFT,M,St,WC,NS)**

8:00PM Englishtown *Never Too Late*, First Presbyterian Church of Englishtown, 50 N. Main Street **(O,JFT,S,WC,NS)**

8:00PM Lavallette *The Journey Continues*, Faith Lutheran Church, 1801 Grand Central Ave. (Route 35N) **(C,D,WC,NS,Lc)**

SATURDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

11:00AM Matawan *Miracles in Matawan*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(C,D,Ro,St,Tp,WC,NS)**

11:00AM Asbury Park *One Primary Purpose*, The Center House, at Memorial Drive, 806 3rd Avenue **(O,D,NS)**

6:30PM Asbury Park *Live Better Group*, Em-Power Me, 1012 B Springwood Ave **(O,Ro,S,WC,NS,V)**

7:00PM Manalapan *Surrender To Change*, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road **(O,NS,V)**

7:30PM Toms River *Get Another Day*, Christ Episcopal Church, 415 Washington Street **(O,Bk,D,WC,NS)**

SATURDAY (CONT)

7:30PM Tuckerton *Our Gratitude Speaks*, Church of the Holy Spirit, 220 E. Main Street **(O,D,S,WC,NS)**

7:30PM Middletown (Belford) *Sanity through Spirituality Group*, St. Mary's Church, basement, 26 Leonardville Road **(O,Ro,S,WC,NS)**

11:00PM Keansburg *Kleansburg Group*, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way **(O,D,S,WC,NS)**

B	Beginner	Bk	Basic Text
C	Closed (addicts only)	Cn	Candlelight
D	Discussion	G	Gay/Lesbian
Gr	Grab Bag	H&W	It Works How and Why
HY	Hybrid Meeting	JFT	Just for Today
L	Literature	Lc	Living Clean
M	Men	Md	Meditation
NC	No Children	NS	No Smoking
O	Open (anyone welcome)	P	Pamphlet
RR	Round Robin	Ro	Rotating
S	Speaker	SPAD	Spiritual Principle A Day
SWG	Step Working Guides	St	Step
St1-3	Steps 1, 2 and 3	Ta	Tag
Td	Tradition	Tp	Topic
V	Varied	VM	Virtual Meeting
W	Women	WC	Wheelchair

VIRTUAL MEETINGS



<https://online.nanj.org>

PHONE NUMBERS



Combined Area Meeting list for:

**Central Jersey Area
Ocean Area**

NOVEMBER 2024

**24 HOUR HELPLINE
732-933-0462**

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

KEEP COMING BACK. IT WORKS

What is our message?

The message is that an addict, any addict, can stop using drugs,

lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.