

SUNDAY
<b>10:00AM Pompton Plains</b> <i>Better Perspective</i> , Atlantic Health Pavillion, 242 West Parkway <b>(C,JFT,WC,NS)</b>
<b>11:00AM Belleville</b> <i>Sunday AM Recovery</i> , Clara Maass Hospital, main entrance, Founder Room, 1 Clara Maass Drive <b>(O,JFT,St,WC,NS,Lc,Gr)</b>
<b>NOON Dover</b> <i>Serenity On Sunday</i> , New Hope House Bldg., 101-103 Bassett Highway <b>(C,NC,WC,NS,Ta)</b>
<b>7:00PM West Milford</b> <i>Recovery in the Mountains</i> , St. Joseph's Church, School/Parish Center, Father Kelly Room 6, 454 Germantown Road <b>(O,B,D,S,NS)</b>
<b>7:30PM Clifton</b> <i>For Those Who Care</i> , United Reformed Church, 352 Clifton Ave. <b>(O,D,S,St,Tp,WC,NS)</b>
<b>7:30PM Nutley</b> <i>Just For Today</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(C,D,JFT,NS,L)</b> <i>No food or drink allowed</i>
<b>7:30PM Hackettstown</b> <i>Just for Today</i> , Skylands Unitarian Church, 1811 Route 57 <b>(O,Bk,D,NS)</b>
<b>7:30PM Verona</b> <i>New Attitudes</i> , United Methodist Church, 26 Montrose Avenue <b>(C,D,S,Tp,NS)</b>
<b>7:30PM Rockaway</b> <i>Rockaway Recovery</i> , Assembly of God, 113 East Main Street <b>(O,D,S,WC,NS)</b>

MONDAY
<b>NOON Nutley</b> <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(O,B,D,NS)</b>
<b>6:30PM Newton</b> <i>Primary Purpose</i> , Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street <b>(O,JFT,WC,NS)</b>
<b>7:00PM Hoboken</b> <i>Hope Group</i> , St. Joseph's Rectory (basement), parking - right rear, 61 Monroe Street <b>(C,RR,WC,NS,V)</b>
<b>7:30PM Wayne</b> <i>Crossroads to Recovery</i> , Wayne Presbyterian Church, corner Ratzer Rd., 1200 Alps Rd. <b>(O,D,S,St,WC,NS)</b>
<b>7:30PM Succasunna</b> <i>It Works</i> , United Methodist Church, 91 Main Street <b>(C,SWG,WC,NS)</b>
<b>7:30PM Boonton</b> <i>Lost &amp; Found</i> , First Presbyterian Church of Boonton, 513 Birch Street <b>(O,Bk,D,WC,NS)</b> <i>Park on Birch St., use door on right under walkway</i>
<b>8:00PM Verona</b> <i>Foundation Group</i> , Verona United Methodist Church, 26 Montrose Ave. & Hill St. <b>(C,RR,NS)</b>
<b>8:00PM Belleville</b> <i>Recovery By The Book</i> , Fewsmith Presbyterian Church, 444 Union Avenue <b>(O,Bk,D,RR,NS)</b>
<b>8:15PM Butler</b> <i>Learning to Live</i> , Church of the Nazarene, at Jericho Road, 188 Kiel Avenue <b>(C,D,H&amp;W,St,Td,NS)</b>

TUESDAY
<b>NOON Nutley</b> <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(O,WC,NS,St1-3)</b>
<b>6:30PM Boonton</b> <i>Boonton New Day New Beginnings</i> , St. Clair's Riverside Hospital, 130 Powerville Road <b>(O,B,D,WC,NS)</b>
<b>6:30PM Newton</b> <i>Circle of Hope</i> , Center of Prevention and Counseling, 2nd floor room 206, 61 Spring Street <b>(C,W,NS)</b>
<b>7:00PM Oak Ridge</b> <i>Here and Now in the Highlands</i> , Holy Faith Lutheran Church, 104 Paradise Road <b>(C,D,M,WC,NS)</b>

TUESDAY (CONT)
<b>7:30PM Hackettstown</b> <i>Change or Die</i> , First Presbyterian Church, 291 Main Street <b>(O,H&amp;W,St,WC,NS)</b>
<b>7:30PM Cedar Grove</b> <i>Steps To Recovery</i> , Community Church of Cedar Grove, 65 Bowden Road <b>(O,B,P,S,WC,NS,St1-3)</b>
<b>7:30PM Pompton Lakes</b> <i>The Backbone</i> , St. Mary's Church, 17 Pompton Ave. <b>(O,Bk,D,S,NS)</b>
<b>8:00PM Passaic</b> <i>Born To Win</i> , St. John's Episcopal Church, left door, 215 Lafayette Avenue <b>(O,B,D,S,Tp,WC,NS)</b>
<b>8:00PM Dover</b> <i>Keep It Simple</i> , New Hope House Bldg., 101-103 Bassett Hwy. <b>(O,S,WC,NS)</b>

WEDNESDAY
<b>NOON Nutley</b> <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(O,D,WC,NS)</b>
<b>6:30PM Newton</b> <i>Primary Purpose</i> , Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street <b>(O,D,Tp,WC,NS)</b>
<b>7:15PM Dover</b> <i>Wanna Be Men</i> , New Hope House Bldg., 101-103 Basset Highway <b>(C,M,NC,WC,NS,Lc)</b>
<b>7:30PM Clifton</b> <i>Just for Today</i> , United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Avenue <b>(O,Tp,WC,NS,Ta)</b>
<b>7:30PM Nutley</b> <i>LifeLine</i> , Grace Episcopal Church, 200 Highfield Lane <b>(O,D,S,WC,NS)</b>
<b>7:30PM Rockaway</b> <i>Women on Wednesdays</i> , Saints Peter and Paul Orthodox Church, 64 Beach Street <b>(C,Bk,W,WC,NS,Md)</b>
<b>8:00PM Oak Ridge</b> <i>Recovery Ridge</i> , Oak Ridge Presbyterian Church Annex, 321 Oak Ridge Rd. <b>(O,D,JFT,NS,Lc)</b>
<b>8:00PM Verona</b> <i>Recovery Room</i> , Verona United Methodist Church, 26 Montrose Ave. & Hill St. <b>(O,Bk,D,NS)</b>

THURSDAY
<b>NOON Nutley</b> <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(O,D,Tp,WC,NS,Gr)</b>
<b>6:00PM Totowa</b> <i>Stick N Stay</i> , Totowa Public Library, Ground Floor in the Multipurpose Room, 537 Totowa Rd <b>(O,D,S,Tp,WC,NS)</b>
<b>7:00PM Dover</b> <i>Clean Slate</i> , St. Johns Episcopal Church, Blackwell & Bergen <b>(O,S,St,Td,NS)</b>
<b>7:30PM Wayne</b> <i>Out Of The Valley</i> , Wayne Presbyterian Church, corner Alps & Ratzer Rds., 1200 Alps Rd. <b>(O,D,JFT,WC,NS)</b>
<b>7:30PM Washington</b> <i>Sink or Swim</i> , Faith Discovery Church, 33 Brass Castle Road <b>(O,Ro,NS)</b>
<b>7:30PM Ringwood</b> <i>Thursday Night Carltondale NA</i> , Community Presbyterian Church, 145 Carltondale Road <b>(O,B,Bk,WC,NS,St1-3)</b>
<b>8:00PM Hamburg</b> <i>Living in the NOW</i> , Prince of Peace Lutheran Church, 3320 NJ-94 <b>(O,Cn,WC,NS,V)</b>
<b>8:00PM Montclair</b> <i>Recover &amp; Discover</i> , Community Center, 33 Woodland Avenue <b>(O,S,St,Tp,WC,NS)</b>
<b>8:00PM Belleville</b> <i>Today We Live</i> , Fewsmith Presbyterian Church, Little St. & Union Ave. <b>(O,D,S,NS,St1-3)</b>

FRIDAY
<b>NOON Nutley</b> <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent <b>(O,D,JFT,NS)</b>
<b>6:30PM Newton</b> <i>Primary Purpose</i> , Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street <b>(O,D,Td,WC,NS)</b>
<b>7:30PM Clifton</b> <i>Solo Por Hoy</i> , United Reformed Church, 352 Clifton Avenue <b>(O,Bi,D,S,St,WC,NS)</b>
<b>7:30PM Dover</b> <i>Total Freedom</i> , New Hope House Bldg., 101-103 Bassett Hwy. <b>(O,D,Tp,WC,NS)</b>
<b>8:00PM Bloomfield</b> <i>Brookdale Friday Night Meeting</i> , Brookdale Reformed Church, 16 Bellevue Avenue <b>(O,S,St,WC,NS)</b>
<b>8:00PM Belvidere</b> <i>Friday Night Reflections</i> , United Methodist Church, 219 Hardwick Street <b>(O,D,Ro,RR,S,WC,NS)</b>
<b>8:00PM Livingston</b> <i>Ray Of Hope</i> , Trinity Covenant Church, 343 East Cedar Street <b>(O,D,S,WC,NS)</b>
<b>8:00PM West Milford</b> <i>Serenity In The Sticks</i> , Echo Lake Baptist Church, 1355 Macopin Rd. <b>(O,D,S,NS)</b>
<b>9:00PM Hawthorne</b> <i>Friday Night Freedom</i> , St Clement's Episcopal Church, 271 Lafayette Ave. <b>(O,Cn,D,S,Tp,NS)</b>
<b>10:00PM Glen Ridge</b> <i>Night Crawlers</i> , Glen Ridge Congregational Church, 195 Ridgewood Ave. <b>(O,Cn,JFT,RR,NS,Md)</b>
SATURDAY
<b>10:00AM Butler</b> <i>Hot Topic</i> , Butler United Methodist Church, 5 Bartholdi Avenue <b>(O,WC,NS,V,Gr)</b>
<b>10:00AM Belleville</b> <i>Little Miracles</i> , Fewsmith Presbyterian Church, Little St. & Union Ave. <b>(O,D,JFT,NS)</b>
<b>10:00AM Clifton</b> <i>Men's Meeting</i> , United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Ave. <b>(C,D,M,S,Tp,WC,NS)</b>
<b>5:00PM Newton</b> <i>Steps to a New Life Group</i> , Sussex County Recovery Community Center, 65 Newton Sparta Road <b>(O,S,SWG,WC,NS)</b>
<b>7:00PM Newton</b> <i>Newton Freedom Group</i> , Christ Community Church, 274 Spring Street <b>(C,D)</b>
<b>7:30PM Parsippany</b> <i>How It Works</i> , Saint Andrews Lutheran Church, 335 Reynolds Ave. <b>(O,B,WC,NS,St1-3)</b>
<b>7:30PM Clifton</b> <i>Never Alone Again</i> , United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Ave. <b>(O,D,S,St,WC,NS)</b>
<b>8:00PM Montclair</b> <i>12 Step Workshop</i> , First Congregational Church, enter on side street, 40 South Fullerton Ave. <b>(O,D,St,NS)</b>

B	Beginner	Bi	Bilingual (Span/Eng)
Bk	Basic Text	C	Closed (addicts only)
Cn	Candlelight	D	Discussion
G	Gay/Lesbian	Gr	Grab Bag
H&W	It Works How and Why	JFT	Just for Today
L	Literature	Lc	Living Clean
M	Men	Md	Meditation
NC	No Children	NS	No Smoking
O	Open (anyone welcome)	P	Pamphlet
RR	Round Robin	Ro	Rotating
S	Speaker	SWG	Step Working Guide

## VIRTUAL MEETINGS

[illegible]

**Northwest Area**  
**Passaic Area**  
**Suburban Essex Area**

**APRIL 2024**

**24 HOUR HELPLINE**  
732-933-0462

**www.nanj.org**

## SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At  
Come Early and Stay Late  
Don't Use and Go to meetings  
Get and Use a Sponsor  
Get a Home Group  
90 Meetings in 90 Days  
Use the Phone  
Get involved in Service

**KEEP COMING BACK, IT WORKS**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**