

**SUNDAY**

**9:30AM Summit** *Sunday Morning Serenity*, Summit Oaks, 19 Prospect Street **(O,D,S,WC,NS,HY)**

**10:30AM Newark** *Spiritual Awakening*, Al-Anon Association, 384 N. 7th Avenue **(C,RR,St,Td,WC,NS)**

**11:00AM Montclair** *Sunday AM Recovery*, Mountainside Hospital, Hospital Conference Room #1 / Parking is free. Parking pass validated at the front desk., 1 Bay Avenue **(O,JFT,St,WC,NS,Lc,Gr)**

**11:30AM East Orange** *Sanity On Sunday*, East Orange VA Medical Center, 3rd Floor Auditorium, 385 Tremont Avenue **(O,Bk,D,S)**

**NOON Kearny** *Recovery in NA*, First Presbyterian Church, Entrance is on Laurel Ave, 663 Kearny Ave **(O,D,S,Tp,WC,NS)**

**3:00PM Newark** *Relationships in Recovery / Total Commitment*, Hospital, Auditorium, 201 Lyons Ave. **(C,JFT,NC,NS,St1-4,Td1-4)**

**5:00PM Newark** *El Milagro*, 7 South Street **(O,Bi,D,NS,St1-3)**

**6:00PM East Orange** *It's OK to Recover*, Isaiah House, 238 North Munn Ave. **(O,WC,NS)**

**7:30PM Nutley** *Just For Today*, Franklin Reformed Church, 45 Hillside Crescent **(C,D,JFT,NS,L)**

**7:30PM Verona** *New Attitudes*, United Methodist Church, 26 Montrose Avenue **(C,D,S,Tp,NS)**

**8:00PM Lyndhurst** *The Survival Kit*, AMVETS Post 20, 323 New York Ave **(C,D,H&W,S,SWG,WC,NS)** Enter through side

**MONDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,B,D,NS)**

**12:30PM Newark** *Monday Miracle Group*, 384 7th Ave. **(O,NS,V)**

**6:00PM Jersey City** *Twelve & Twelve*, Mary McLeod Bethune Center, 140 Martin Luther King Dr. **(C,NC,St,Td,WC,NS)**

**7:00PM Hoboken** *Hope Group*, St. Joseph's Rectory (basement), parking - right rear, 61 Monroe Street **(C,RR,WC,NS,V)**

**7:30PM Summit** *I Can't, We Can*, Calvary Episcopal Church, 31 Woodland Ave. **(O,D,Tp,NS)**

**7:30PM Newark** *La Realidad/The Reality Group*, St. James Church, Enter through parking lot, 143 Madison Ave. **(O,Bi,Tp,NS)**

**7:30PM Orange** *We Can*, Bethel Baptist Church, btwn. Park & Center, 229 Wallace St. **(O,Ro,WC,NS)**

**8:00PM Verona** *Foundation Group*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,RR,NS)**

**8:00PM Belleville** *Recovery By The Book*, Fewsmith Presbyterian Church, 444 Union Avenue **(O,Bk,D,RR,NS)**

**TUESDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,WC,NS,St1-3)**

**12:30PM Newark** *Monday Miracle Group*, 384 7th Ave. **(O,NS,V)**

**TUESDAY (CONT)**

**7:00PM Jersey City** *Keys to Freedom*, Our Lady Of Mercy Church, 40 Sullivan Drive **(O,Ro,NS)** Parking Available

**7:00PM East Orange** *Man to Man*, 16 Halsted Street **(C,M,WC,NS)**

**7:30PM East Orange** *Grateful Addicts*, East Orange VA Medical Center, 385 Tremont Avenue **(O,NS,V)**

**7:30PM Cedar Grove** *Steps To Recovery*, Community Church of Cedar Grove, 65 Bowden Road **(O,D,S,St,WC,NS)**

**WEDNESDAY**

**9:00AM East Orange** *Early Awareness*, Elmwood Presbyterian Church, 135 Elmwood Ave. **(O,D,JFT,S,WC,NS)**

**10:00AM Jersey City** *Crossroads to Recovery*, Old Bergen Church, 1st floor, 1 Highland Avenue **(C,Ro,WC,NS)**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,WC,NS)**

**6:00PM Newark** *Back Together Again*, NJCRI, 393 Central Avenue **(O,NS)**

**7:00PM Union City** *Los Contentos*, Holy Family Church Rectory, basement, 530 35th Street **(O,Bi,D,S,Tp,NS)** Free parking available

**7:00PM Orange** *Spiritual Brothers*, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,M,WC,NS,V)**

**7:30PM Nutley** *LifeLine*, Grace Episcopal Church, 200 Highfield Lane **(O,D,S,WC,NS)**

**7:30PM Jersey City** *Today We Live*, The Barrow Mansion - basement, btwn. Jersey & Barrow, 83 Wayne St. **(O,B,D,NS)**

**8:00PM Verona** *Recovery Room*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,Bk,D,NS)**

**THURSDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,Tp,WC,NS,Gr)**

**1:00PM Newark** *Learning To Live*, Church, 572 Broad Street **(O,NS)**

**6:00PM Jersey City** *Life After Death*, Mary McLeod Bethune Life Center, 140 Martin Luther King Dr. **(C,Ro,NS)** Parking Available on Fulton Ave.

**6:00PM East Orange** *Stronger Than Iron*, 3rd floor, 385 Tremont Ave. **(O,D,Ro,St,NS,Lc)**

**6:30PM Newark** *Spiritual Sisters With Faith*, Beulah Baptist Church, 580 South 12th St. **(O,W,WC,NS)**

**7:00PM Bayonne** *Clean Machine*, Story Court Library Building, enter on Broadway, 2nd floor, 16 West 4th St. **(O,Ro,NS)**

**7:00PM East Orange** *Colors of Life*, Faith Temple Church, 16 Halsted Street **(O,B,St,WC,NS)**

**7:30PM Bloomfield** *Recovery With A View*, Presbyterian Church on the Green, 147 Broad St. **(C,NC,S,Tp,NS)**

**7:30PM Newark** *Renacer*, St. Michael's Church, 172 Broadway **(O,WC,NS,Es)** *Reunión de estudio: Guía de pasos*

**8:00PM Belleville** *Today We Live*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,S,NS,St1-3)**

**FRIDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,JFT,NS)**

**12:15PM Summit** *Living Miracles*, St. John's Lutheran Church, 587 Springfield Ave. **(O,D,JFT,Tp,WC,NS)**

**6:00PM Newark** *It Works*, Alanon Association, 384 7th Ave. W **(C,H&W,NS)**

**7:00PM East Orange** *Stepping Into Life*, 135 Elmwood Ave. **(O,D,S,St,WC,NS)**

**8:00PM Bloomfield** *Brookdale Friday Night Meeting*, Brookdale Reformed Church, 16 Bellevue Avenue **(O,S,St,WC,NS)**

**8:00PM Livingston** *Ray Of Hope*, Trinity Covenant Church, 343 East Cedar Street **(O,D,S,WC,NS)**

**10:00PM Glen Ridge** *Night Crawlers*, Glen Ridge Congregational Church, 195 Ridgewood Ave. **(O,Cn,JFT,RR,NS,Md)**

**SATURDAY**

**10:00AM Belleville** *Little Miracles*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,JFT,NS)**

**1:00PM Orange** *Against All Odds*, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,WC,NS,V)**

**7:00PM Newark** *Saturday Night Recovery*, Newark Beth Israel Medical Center, Auditorium, 201 Lyons Ave. **(O,Bk,D,WC,NS)**

**7:30PM Union City** *Contra Viento y Marea*, Church of San Agustin (Basement), 3900 New York Ave. **(O,D,NS,Es)** *Translator available*

**8:00PM Montclair** *12 Step Workshop*, First Congregational Church, enter on side street, 40 South Fullerton Ave. **(O,D,St,NS)**

**8:00PM Jersey City** *RIP*, Barrow Mansion, 83 Wayne Street **(O,WC,NS,HY)**

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
H&W	It Works How and Why	NC	No Children
St1-4	Steps 1-4	Td1-4	Traditions 1-4
V	Varied	NS	No Smoking
Lc	Living Clean	L	Literature
Es	Spanish only	Bi	Bilingual (Span/Eng)
Gr	Grab Bag	HY	Hybrid Meeting
St1-3	Steps 1, 2 and 3		



<https://online.nanj.org>

Series of horizontal lines for writing phone numbers.



Combined Area Meeting list for:

- Greater Newark Area**
- Inner City Area**
- Suburban Essex Area**
- Original Area**
- Hudson Area**

**APRIL 2025**

**24 HOUR HELPLINE**  
732-933-0462

**[www.nanj.org](http://www.nanj.org)**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*

**SUGGESTIONS FOR EVERYONE**

- Avoid People, Places and Things You Used With/At
- Come Early and Stay Late
- Don't Use and Go to meetings
- Get and Use a Sponsor
- Get a Home Group
- 90 Meetings in 90 Days
- Use the Phone
- Get involved in Service

**KEEP COMING BACK. IT WORKS**