SUNDAY

9:00AM Asbury Park *Therapeutic Value Group*, Lumley Homes, entrance in back, 1025 2nd Avenue (O,NS,Ta,Gr)

9:30AM Oakhurst Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue (O,D,RR,Tp,WC,NS,HY)

10:00AM Matawan Sunday Morning Meditation, St. Clements House Of Hope, 180 Freneau Avenue (C,JFT,RR,WC,NS,SPAD) 10:30AM Freehold Wellness Group, New Attitudes Clubhouse,

45 Throckmorton Street (O,D,P,S,St,WC,NS)

11:00AM New Brunswick Cha Cha Cha, RWJ Fitness Center Community Room, 100 Kirkpatrick St. (O,B,Bk,S,WC,NS,St1-3)

5:30PM Highland Park You Better Work, Pride Center of New Jersey, 85 Raritan Ave (O,G,WC,NS,V)

6:30PM Perth Amboy Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave. (C,Bk,D,NC,RR,St,WC,NS) 7:00PM Long Branch Neversink Group, Long Branch Elks Club,

150 Garfield Avenue (O,D,S,WC,NS)

7:00PM Union Beach Stepping Into Recovery, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. (C,Bk,JFT,St,Td,WC,NS)

7:30PM Perth Amboy Absolutely Necessary, St. Peters Church Hall, 183 Rector St. (O,D,P,S,St,NS)

7:30PM Spotswood Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street (O,D,St,Tp,NS,V)

7:30PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road (O,WC,NS,V) In brick building

MONDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St. (C,B,D,S,Tp,NS,St1-3) 5:30PM New Brunswick Here & Now, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St. (C,D,NS)

6:30PM Asbury Park *Monday Night Madness*, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

7:00PM South Plainfield Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue (O,S,WC,NS,LC)

7:00PM New Brunswick Pain, Patience, Peace Women's Meeting, Vision of Hope Recovery Center, Suite 201, 97 Bayard Street (O,D,S,W,NS,HY)

7:00PM West Long Branch *Recovery is the Solution*, Lutheran Church of the Reformation, Broadway & Locust Ave.

(C,D,Tp,WC,NS)

7:30PM Sayreville *Carry The Message*, United Methodist Church, park in Senior Center lot across street only, 406 Main St.

(O,S,NS,SPAD) NOT Handicap accessible

7:30PM Freehold Hope in Freehold, First Presbyterian Church of Freehold, 118 West Main Street (O,WC,NS,V)

7:30PM Old Bridge Old Skool, Club Serenity, 83 Throckmorton Lane (O,Ro,W,NS,L)

7:30PM Perth Amboy Open Up And Let It Rip, Grace Lutheran Church, 600 New Brunswick Ave. (O,B,D,Ro,S,St,Td,WC,NS)

7:30PM Port Reading *The Masks Have To Go*, Sycamore Senior Center, 290 Old Road (O,D,S,St,WC,NS,L)

MONDAY (CONT)

7:30PM Union Beach We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. (O,D,NS,L)

8:00PM Matawan Living Clean Just For Today, St. Clements House of Hope, 180 Freneau Avenue (O,JFT,S,WC,NS,LC)

TUESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St. (O,B,D,S,SWG,NS)

7:00PM Manasquan *Blessings by the Sea*, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**

7:15PM Manalapan *Recovery in Manalapan*, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)**

7:30PM Old Bridge Lost-n-Found, St. Thomas Church, 333 Route 18 South (O,D,WC,NS)

7:30PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue (O,SWG,St,Td,WC,NS) 7:30PM Keyport Twelve Steps to Freedom, Calvary Methodist

Church, 3rd and Osborn Streets (C,Cn,D,St,WC,NS)

7:30PM Asbury Park *Twelve Steps to Freedom*, Trinity Church, 503 Asbury Avenue (O,Bk,D,S,St,WC,NS)

8:00PM Iselin Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27 (O,S,NS,HY)

WEDNESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St. (O,B,D,S,NS,L,LC) 12:15PM Metuchen Twelve Steps To Freedom, St. Lukes

Church, 17 Oak Ave. & Rt. 27 (O,D,S,St,WC,NS)

7:00PM Asbury Park *Against All Odds*, The Center House, at Memorial Dr., 806 3rd Ave. **(0,D,S,St,NS)**

7:00PM Red Bank Women Kicking It, First Baptist Church of Red Bank, 84 Maple Ave. (O,W,NS,V)

7:30PM Perth Amboy *Bouncing Back*, St. Peter's Church Hall, 183 Rector St. (O,D,JFT,S,Td,NS)

7:30PM Sayreville *First Things First*, United Methodist Church, 406 Main Street (O,D,JFT,S,NS) *NOT Handicap accessible* 7:30PM Howell *Home in Howell*, Prince of Peace Lutheran

Church, 434 Aldrich Road (O,S,St,Tp,NS,Gr,SPAD)

7:30PM New Brunswick Stardust Ballroom, The Open Door, corner of New St, 2-4 Kirkpatrick Street (C,D,M,Ro,S,NS,HY)

7:30PM Matawan *The Steps and Traditions Work*, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave.

(C,D,S,St,Td,NS)

7:30PM Eatontown *We Had to Hear It Group*, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) **(C,D,S,Tp,NS)**

8:00PM Asbury Park *It Gets Better*, Q Spot, 1601 Asbury Ave. (O,G,JFT,St,NS) *LGBTQ*

8:00PM Port Reading Old Road New Life, Sycamore Senior Center, 290 Old Road (O,D,S,Tp,WC,NS)

THURSDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St. (O,B,D,JFT,RR,S,NS)

THURSDAY (CONT)

NOON Old Bridge *Midday Miracles*, Club Serenity, small bldg on right, 83 Throckmorten Lane **(O,JFT,Ro,St,NS,L)**

12:15PM Long Branch Bring A Friend, Church Hall of St. James Church, park and enter in back, 300 Broadway (O,D,JFT,Tp,WC,NS)

5:00PM Milltown *More Than Surviving*, St. Paul's Church, enter behind preschool, 62 S. Main Street **(O,JFT,RR,S,WC,NS)**

7:00PM Woodbridge Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave. (O,D,JFT,NC,S,NS) No children allowed

7:00PM Belmar Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue (C,D,S,St,NS,HY) 7:00PM Freehold Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. (O,D,S,W,WC,NS)

7:30PM Matawan *Cut To The Chase*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (**O,Ro,WC,NS**) 7:30PM New Brunswick *Speak@Ease*, RWJ Health & Fitness Center Community Room, 2nd floor, 100 Kirkpatrick St.

(C,H&W,NC,S,St,Td,WC,NS)

7:30PM Sayreville What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St. (C,M,St,WC,NS) 8:00PM Perth Amboy Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave. (O,B,D,S,WC,NS) 8:00PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave. (O.Ro.NS)

9:30PM New Brunswick New Brunswick Young People's Meeting, Cook College Extension Conference Center, 103 College Farm Road (O,D,JFT,S,Y,NS)

FRIDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St. (C,B,D,S,NS,L,V) 6:00PM Asbury Park We Do Recover, The Center House, 806 3rd Avenue (C,D,S,WC,NS)

7:00PM New Brunswick Back To Basics, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St. (0,Bk,D,S,NS)

7:15PM Matawan *Women Seeking Recovery*, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

7:30PM Sayreville NASA Group, United Methodist Church, park across street, 406 Main Street (O,D,JFT,NS) NOT Handicap accessible

8:00PM Carteret Back To Life, Zion Lutheran Church, 712 Roosevelt Ave (O,D,S,NS)

8:00PM Red Bank *Blessings of Recovery*, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. **(C,B,S,NS)** *basement entrance*

8:00PM Oakhurst Friday Night Hope, Ocean Township Rec Center, 615 West Park Ave. (O,Cn,Ro,RR,WC,NS)

8:00PM Matawan Men About Recovery, Trinity Episcopal Church, off Route 79, 18 Ryers Lane (C,D,JFT,M,St,WC,NS)

8:00PM Englishtown Never Too Late, First Presbyterian Church of Englishtown, 50 N. Main Street (O,JFT,S,WC,NS)

SATURDAY

7:00AM New Brunswick Early Morning Serenity. The Open Door, corner of New St., 2-4 Kirkpatrick St. (O,D,S,Tp,WC,NS,HY) 10:00AM Metuchen Spiritual Awakenings, St. Lukes Church, 17 Oak Ave (O,D,S,Td,WC,NS,SPAD) 11:00AM Matawan Miracles in Matawan, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane (C,D,Ro,St,Tp,WC,NS) 11:00AM Asbury Park One Primary Purpose, The Center House, at Memorial Drive, 806 3rd Avenue (O,D,NS) 12:30PM Port Reading Youth Gone Wild, Sycamore Senior Center, 290 Old Road (O,JFT,WC,NS) 6:30PM Asbury Park Live Better Group, Em-Power Me, 1012 B Springwood Ave (O,Ro,S,WC,NS,V) 7:00PM Manalapan Surrender To Change, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road (O,NS,V) 7:00PM New Brunswick The Real Deal, The Open Door, 2-4 Kirkpatrick Street (O,D,JFT,St,WC,NS) 7:00PM Perth Amboy Write to Live, St. Peter's Episcopal Church, 183 Rector Street (C,D,SWG,NS,Md) 20-min step writing, last week speaker 7:30PM Port Reading Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue (O,Cn,D,M,S,WC,NS) 7:30PM Middletown (Belford) Sanity through Spirituality Group, St. Mary's Church, basement, 26 Leonardville Road (O,Ro,S,WC,NS) 7:30PM Spotswood Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street (O,D,S,NS,St1-3) 10:00PM New Brunswick Just For Tonight, College Ave Community Church, 100 College Ave. (O,D,JFT,S,NS) Candlelight 11:00PM Keansburg Kleansburg Group, Kitchen At St. Mark's,

Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way (O,D,S,WC,NS)

М	Men	St	Step	
0	Open (anyone welcome)	B	Beginner	
D	Discussion	Cn	Candlelight	
Bk	Basic Text	C	Closed (addicts only)	
G	Gay/Lesbian	P	Pamphlet	
IFT	Just for Today	RR	Round Robin	
S	Speaker	SWG	Step Working Guides	
Тр	Topic	Td	Tradition	
WC	Wheelchair	Y	Youth	
Ro	Rotating	W	Women	
Md	Meditation	H&W	It Works How and Why	
NC	No Children	Ta	Tag	
V	Varied	NS	No Smoking	
Lc	Living Clean	L	Literature	
Gr	Grab Bag	HY	Hybrid Meeting	
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3	

VIRTUAL MEETINGS

For virtual meetings, visit online.nanj.org

PHONE NUMBERS





Combined Area Meeting list for:

Central Jersey Area Middlesex Area Greater New Brunswick Area

MARCH 2025

24 HOUR HELPLINE

732-933-0462

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At Come Early and Stay Late Don't Use and Go to meetings Get and Use a Sponsor Get a Home Group 90 Meetings in 90 Days Use the Phone Get involved in Service **KEEP COMING BACK. IT WORKS**

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.