

SUNDAY

9:00AM Asbury Park *Therapeutic Value Group*, Lumley Homes, entrance in back, 1025 2nd Avenue **(O,NS,Ta,Gr)**

9:30AM Oakhurst *Sunday Morning Recovery*, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue **(O,D,RR,Tp,WC,NS,HY)**

10:00AM Matawan *Sunday Morning Meditation*, St. Clements House Of Hope, 180 Freneau Avenue **(C,JFT,RR,WC,NS,SPAD)**

10:30AM Freehold *Wellness Group*, New Attitudes Clubhouse, 45 Throckmorton Street **(O,D,P,S,St,WC,NS)**

11:00AM New Brunswick *Cha Cha Cha*, RWJ Fitness Center Community Room, 100 Kirkpatrick St. **(O,B,Bk,S,WC,NS,St1-3)**

5:30PM Highland Park *You Better Work*, The Pride Center, Suite 100 - located on bottom floor, 85 Raritan Ave **(O,G,WC,NS,V)**

6:30PM Perth Amboy *Courage To Change*, Grace Lutheran Church, 600 New Brunswick Ave. **(C,Bk,D,NC,RR,St,WC,NS)**

7:00PM Long Branch *Neversink Group*, Long Branch Elks Club, 150 Garfield Avenue **(O,D,S,WC,NS)**

7:00PM Union Beach *Stepping Into Recovery*, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(C,Bk,JFT,St,Td,WC,NS)**

7:30PM Perth Amboy *Absolutely Necessary*, St. Peters Church Hall, 183 Rector St. **(O,D,P,S,St,NS)**

7:30PM Spotswood *Can't Buy It In A Bag*, Spotswood Reformed Church, 429 Main Street **(O,D,St,Tp,NS,V)**

7:30PM Manalapan *Miracles In Manalapan*, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road **(O,WC,NS,V)**
In brick building

MONDAY

11:00AM Woodbridge *Recovery On The Waterfront Live*, Our Lady of Mt. Carmel, 267 E Smith St. **(C,B,D,S,Tp,NS,St1-3)**

5:30PM New Brunswick *Here & Now*, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St. **(C,D,NS)**

6:30PM Asbury Park *Monday Night Madness*, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

7:00PM South Plainfield *Living the Dream*, Cedarcroft Bible Chapel, 1715 Kenyon Avenue **(O,S,WC,NS,Lc)**

7:00PM New Brunswick *Pain, Patience, Peace Women's Meeting*, Vision of Hope Recovery Center, Suite 201, 97 Bayard Street **(O,D,S,W,NS,HY)**

7:00PM West Long Branch *Recovery is the Solution*, Lutheran Church of the Reformation, Broadway & Locust Ave. **(C,D,Tp,WC,NS)**

7:30PM Sayreville *Carry The Message*, United Methodist Church, park in Senior Center lot across street only, 406 Main St. **(O,S,NS,SPAD) NOT Handicap accessible**

7:30PM Freehold *Hope in Freehold*, First Presbyterian Church of Freehold, 118 West Main Street **(O,WC,NS,V)**

7:30PM Old Bridge *Old Skool*, Club Serenity, 83 Throckmorton Lane **(O,Ro,W,NS,L)**

7:30PM Perth Amboy *Open Up And Let It Rip*, Grace Lutheran Church, 600 New Brunswick Ave. **(O,B,D,Ro,S,St,Td,WC,NS)**

7:30PM Port Reading *The Masks Have To Go*, Sycamore Senior Center, 290 Old Road **(O,D,S,St,WC,NS,L)**

MONDAY (CONT)

7:30PM Union Beach *We Will Survive Group*, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(O,D,NS,L)**

8:00PM Matawan *Living Clean Just For Today*, St. Clements House of Hope, 180 Freneau Avenue **(O,JFT,S,WC,NS,Lc)**

TUESDAY

11:00AM Woodbridge *Recovery On The Waterfront Live*, Our Lady of Mt. Carmel, 267 E Smith St. **(O,B,D,S,SWG,NS)**

7:00PM Manasquan *Blessings by the Sea*, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**

7:00PM Milltown *W.I.R.E.D.*, St. Paul's Church, School Front Entrance, 7 W Lakewood Ave **(O,S,St,W,WC,NS)**

7:15PM Manalapan *Recovery in Manalapan*, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)**

7:30PM Old Bridge *Lost-n-Found*, St. Thomas Church, 333 Route 18 South **(O,D,WC,NS)**

7:30PM Matawan *Principles Before Personalities*, St. Clements House Of Hope, 180 Freneau Avenue **(O,SWG,St,Td,WC,NS)**

7:30PM Keyport *Twelve Steps to Freedom*, Calvary Methodist Church, 3rd and Osborn Streets **(C,Cn,D,St,WC,NS)**

7:30PM Asbury Park *Twelve Steps to Freedom*, Trinity Church, 503 Asbury Avenue **(O,Bk,D,S,St,WC,NS)**

8:00PM Iselin *Listen And Learn*, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27 **(O,S,NS,HY)**

WEDNESDAY

11:00AM Woodbridge *Recovery On The Waterfront Live*, Our Lady of Mt. Carmel, 267 E Smith St. **(O,B,D,S,NS,L,Lc)**

12:15PM Metuchen *Twelve Steps To Freedom*, St. Lukes Church, 17 Oak Ave. & Rt. 27 **(O,D,S,St,WC,NS)**

7:00PM Asbury Park *Against All Odds*, The Center House, at Memorial Dr., 806 3rd Ave. **(O,D,S,St,NS)**

7:00PM Red Bank *Women Kicking It*, First Baptist Church of Red Bank, 84 Maple Ave. **(O,W,NS,V)**

7:30PM Perth Amboy *Bouncing Back*, St. Peter's Church Hall, 183 Rector St. **(O,D,JFT,S,Td,NS)**

7:30PM Cranbury *Cranbury Group of NA*, St. David's Episcopal Church, 90 South Main St. **(O,D,S,St,WC,NS)**

7:30PM Sayreville *First Things First*, United Methodist Church, 406 Main Street **(O,D,JFT,S,NS) NOT Handicap accessible**

7:30PM Howell *Home in Howell*, Prince of Peace Lutheran Church, 434 Aldrich Road **(O,S,St,Tp,NS,Gr,SPAD)**

7:30PM New Brunswick *Stardust Ballroom*, The Open Door, corner of New St, 2-4 Kirkpatrick Street **(C,D,M,Ro,S,NS,HY)**

7:30PM Matawan *The Steps and Traditions Work*, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. **(C,D,S,St,Td,NS)**

7:30PM Eatontown *We Had to Hear It Group*, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) **(C,D,S,Tp,NS)**

8:00PM Asbury Park *It Gets Better*, Q Spot, 1601 Asbury Ave. **(O,G,JFT,St,NS) LGBTQ**

8:00PM Port Reading *Old Road New Life*, Sycamore Senior Center, 290 Old Road **(O,D,S,Tp,WC,NS)**

THURSDAY

11:00AM Woodbridge *Recovery On The Waterfront Live*, Our Lady of Mt. Carmel, 267 E Smith St. **(O,B,D,JFT,RR,S,NS)**

NOON Old Bridge *Midday Miracles*, Club Serenity, small bldg on right, 83 Throckmorton Lane **(O,JFT,Ro,St,NS,L)**

12:15PM Long Branch *Bring A Friend*, Church Hall of St. James Church, park and enter in back, 300 Broadway **(O,D,JFT,Tp,WC,NS)**

5:00PM Milltown *More Than Surviving*, St. Paul's Church, enter behind preschool, 62 S. Main Street **(O,JFT,RR,S,WC,NS)**

6:30PM Long Branch *Road to Freedom*, Masonic Lodge, off Liberty St., 136 CP Williams Place **(C,D,S,WC,NS)**

7:00PM Belmar *Recovery by the Sea*, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue **(C,D,S,St,NS,HY)**

7:00PM Freehold *Sisters Seeking Serenity*, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. **(O,D,S,W,WC,NS)**

7:30PM Matawan *Cut To The Chase*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(O,Ro,WC,NS)**

7:30PM New Brunswick *Speak@Ease*, RWJ Health & Fitness Center Community Room, 2nd floor, 100 Kirkpatrick St. **(C,H&W,NC,S,St,Td,WC,NS)**

7:30PM Sayreville *What Comes Second Group*, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St. **(C,M,St,WC,NS)**

8:00PM Woodbridge *Keep It In Today*, First Presbyterian Church of Woodbridge, 600 Rahway Ave. **(O,D,JFT,NC,S,NS) No children allowed**

8:00PM Perth Amboy *Powerless In Perth Amboy*, Grace Lutheran Church, 600 New Brunswick Ave. **(O,B,D,S,WC,NS)**

8:00PM Oakhurst *We Dare to Care*, West Park Recreation Center, 615 West Park Ave. **(O,Ro,NS)**

9:45PM New Brunswick *New Brunswick Young People's Meeting*, Church, 100 College Ave. **(O,D,JFT,S,Y,NS)**

FRIDAY

11:00AM Woodbridge *Recovery On The Waterfront Live*, Our Lady of Mt. Carmel, 267 E Smith St. **(C,B,D,S,NS,L,V)**

6:00PM Asbury Park *We Do Recover*, The Center House, 806 3rd Avenue **(C,D,S,WC,NS)**

7:00PM New Brunswick *Back To Basics*, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St. **(O,Bk,D,S,NS)**

7:15PM Matawan *Women Seeking Recovery*, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

7:30PM Sayreville *NASA Group*, United Methodist Church, park across street, 406 Main Street **(O,D,JFT,NS) NOT Handicap accessible**

8:00PM Carteret *Back To Life*, Zion Lutheran Church, 712 Roosevelt Ave **(O,D,S,NS)**

8:00PM Red Bank *Blessings of Recovery*, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. **(C,B,S,NS) basement entrance**

8:00PM Oakhurst *Friday Night Hope*, Ocean Township Rec Center, 615 West Park Ave. **(O,Cn,Ro,RR,WC,NS)**

8:00PM Matawan *Men About Recovery*, Trinity Episcopal Church, off Route 79, 18 Ryers Lane **(C,D,JFT,M,St,WC,NS)**

FRIDAY (CONT)

8:00PM Englishtown *Never Too Late*, First Presbyterian Church of Englishtown, 50 N. Main Street **(O,JFT,S,WC,NS)**

SATURDAY

7:00AM New Brunswick *Early Morning Serenity*, The Open Door, corner of New St., 2-4 Kirkpatrick St. **(O,D,S,Tp,WC,NS,HY)**

10:00AM Metuchen *Spiritual Awakenings*, St. Lukes Church, 17 Oak Ave **(O,D,S,Td,WC,NS,SPAD)**

11:00AM Matawan *Miracles in Matawan*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(C,D,Ro,St,Tp,WC,NS)**

11:00AM Asbury Park *One Primary Purpose*, The Center House, at Memorial Drive, 806 3rd Avenue **(O,D,NS)**

12:30PM Port Reading *Youth Gone Wild*, Sycamore Senior Center, 290 Old Road **(O,JFT,WC,NS)**

6:30PM Asbury Park *Live Better Group*, Em-Power Me, 1012 B Springwood Ave **(O,Ro,S,WC,NS,V)**

7:00PM Manalapan *Surrender To Change*, Old Tennent Presbyterian Church Cemetary, inside Neeffe Chapel - do not park on grass, 448 Tennent Road **(O,NS,V)**

7:00PM New Brunswick *The Real Deal*, The Open Door, 2-4 Kirkpatrick Street **(O,D,JFT,St,WC,NS)**

7:00PM Perth Amboy *Write to Live*, St. Peter's Episcopal Church, 183 Rector Street **(C,D,SWG,NS,Md)** *20-min step writing, last week speaker*

7:30PM Port Reading *Men Who Care*, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue **(O,Cn,D,M,S,WC,NS)** *No Meeting Sat, December 24th*

7:30PM Middletown (Belford) *Sanity through Spirituality Group*, St. Mary's Church, basement, 26 Leonardville Road **(O,Ro,S,WC,NS)**

7:30PM Spotswood *Straight On Saturday Night*, Spotswood Reformed Church, 429 Main Street **(O,D,S,NS,St1-3)**

10:00PM New Brunswick *Just For Tonight*, College Ave Community Church, 100 College Ave. **(O,D,JFT,S,NS)** *Candlelight*

11:00PM Keansburg *Kleansburg Group*, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way **(O,D,S,WC,NS)**

B	Beginner	Bk	Basic Text
C	Closed (addicts only)	Cn	Candlelight
D	Discussion	G	Gay/Lesbian
Gr	Grab Bag	H&W	It Works How and Why
HY	Hybrid Meeting	JFT	Just for Today
L	Literature	Lc	Living Clean
M	Men	Md	Meditation
NC	No Children	NS	No Smoking
O	Open (anyone welcome)	P	Pamphlet
RR	Round Robin	Ro	Rotating
S	Speaker	SPAD	Spiritual Principle A Day
SWG	Step Working Guides	St	Step
St1-3	Steps 1, 2 and 3	Ta	Tag
Td	Tradition	Tp	Topic
V	Varied	W	Women
WC	Wheelchair	Y	Youth

VIRTUAL MEETINGS

For virtual meetings, visit online.nanj.org

PHONE NUMBERS



Combined Area Meeting list for:

**Central Jersey Area
Middlesex Area
Greater New Brunswick Area**

NOVEMBER 2024

**24 HOUR HELPLINE
732-933-0462**

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**